

What Does The Evidence Tell Us?

November 4 – 6, 2026 · Hotel Kabuki, San Francisco, CA

Join us for an engaging and practical OBGYN CME conference designed to keep clinicians at the forefront of reproductive healthcare. This program will highlight the latest evidence and clinical updates across a range of important topics, including complex contraception, gynecologic surgery, cancer prevention, and menopausal care. Expert faculty will share insights on managing both common and complex conditions in obstetrics and gynecology, with a focus on translating new data into everyday clinical practice. Through concise, evidence-based lectures, participants will gain practical strategies for improving patient care across the reproductive lifespan. Attendees will leave with actionable tools to enhance surgical decision-making, strengthen patient counseling, and implement clinical protocols that improve outcomes for diverse patient populations. **Whether you are looking to refine your approach to chronic conditions in pregnancy, stay current on updates in reproductive health, or incorporate new guidelines into practice, this conference will provide the knowledge and confidence to elevate your everyday care.**

LEARNING OBJECTIVES

An attendee completing this course will be able to:

- Apply the most updated recommendations for HPV-based cervical cancer screening
- Use best practice for management of pelvic floor dysfunction
- Apply current guidelines to the management of breakthrough bleeding associated with hormonal contraceptive methods
- Describe an evidence-based approach to the newest tests available for testing following fetal demise
- Assess patients for factors that may impact obstetric anesthetic planning and perioperative risk.
- Describe recent updates in evidence-based contraceptive care and guideline recommendations.
- Counsel patients on evidence-based management of menopausal symptoms, distinguishing current evidence from common misconceptions and misinformation.
- Analyze survivorship challenges and long-term health risks in patients with hereditary gynecologic cancers.
- Implement evidence-based decision-making when counseling patients on surgical options for infertility.
- Integrate current obstetric recommendations on glucose monitoring, pharmacologic therapy, and multidisciplinary care into clinical practice

ACCREDITATION

In support of improving patient care, the University of California, San Francisco Office of CME is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

DESIGNATION

Physicians UCSF Office of CME designates this live Activity for a maximum of 22.75 AMA PRA Category 1™ Credit(s). Physicians should claim only the the credit commensurate to their participation in the activity.

Advance Practice Registered Nurses and Registered Nurses For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Physician Assistants The National Commission on Certification of Physician Assistants (NCCPA) states that the AMA PRA Category 1 Credit™ are acceptable for continuing medical education requirements for recertification

California Pharmacists The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA category 1 Credit™. If you are a pharmacist in another state, you should check with your state board for approval of this credit.

California Psychologists The California Board of Psychology recognizes and accepts for continuing education credit courses that are provided by entities approved by the Accreditation Council for Continuing Medical Education (ACCME). AMA PRA Category 1 Credit™ is acceptable to meeting the CE requirements for the California Board of Psychology. Providers in other states should check with their state boards for acceptance of CME credit.

Pharmacotherapeutic Credit For the purposes of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.

This course offers up to 6.75 pharmacotherapeutic credits.

ACOG Credit Pending approval.

REGISTER NOW! For more information or to register online visit our website at <https://ucsf.cloud-cme.com/obgyn2026>

You may also reach us by contacting the Office of Continuing Medical Education at (415) 476-5808 or tiny.ucsf.edu/cmehelp

UCSF

UPCOMING COURSE

10th Annual Bay Area Reproductive Mental Health Conference

November 13, 2026

Pritzker Auditorium (virtual option available)

San Francisco, CA

UCSF Office of CME

UCSF Box 0742
490 Illinois Street, Floor 7
San Francisco, CA 94143

COURSE DIRECTOR

Tushani Illangasekare, MD
Director, UCSF Labor and Delivery;
Director, UCSF OBGYN Faculty Development;
Director, UCSF OBGYN Simulation;
Assistant Director, UCSF OBGYN Residency Program

MODERATOR

Katherine Brown, MD, MAS
Associate Professor, UCSF;
Fishbon Endowed Chair in Family Planning and Abortion,
UCSF Mount Zion;
Co-Director, Black Women's Health & Livelihood Initiative;
Medical Director, Black Wellness Clinic

FACULTY

Anna Altshuler, MD, MPH
Associate Professor, Zuckerberg San Francisco General Hospital,
Division of OBGYN;
Director, ZSFG 5M OBGYN Ambulatory Clinic

Rebecca Amirault, CNM
Full Clinical Professor, UCSF;
Director, UCSF Obstetric Patient Experience

Sloane Berger-Chen, MD
Professor, UCSF Pediatric & Adolescent Gynecology

Adam Bonnington, MD
Surgical Associate, MoZaic Care;
Volunteer Clinical Faculty, ZSFG

Lee-may Chen, MD
Director, UCSF Division of Gynecologic Oncology;
John A. Kerner Distinguished Professor in Gynecologic Oncology

Heather I. Greenwood, MD
Professor, UCSF Radiology and Biomedical Imaging;
Lead Interpreting Physician, Avon Breast Center ZSFG

Daniel Grossman, MD
Professor and Vice Chair of Advocacy, UCSF OBGYN;
Director, Advancing New Standards in Reproductive Health (ANSIRH)

Joie Guner, MD
Assistant Professor, UCSF Division of Reproductive Endocrinology and Infertility Medicine

Brittany Harrison, MD
Assistant Professor, UCSF Interventional Radiology;
Associate Program Director, Integrated & Interventional Radiology Residency Programs

Kristin Harter, PharmD
Associate Clinical Professor, UCSF School of Pharmacy;
Women's Health Clinical Pharmacist, Zuckerberg San Francisco General Hospital and Trauma Center

Nazaneen Homaifar, MD, MBA
Physician Consult, Private Medical Obstetrics and Gynecology

Edward Hsiao, MD, PhD
Professor, UCSF;
Director, UCSF Fellowship Program in Diabetes, Endocrinology and Metabolism;
Director, UCSF MSK Center's Core Center for Musculoskeletal Biology and Medicine

Traci Ito, MD
Associate Professor, UCSF Minimally Invasive Gynecologic Surgery;
Director, Robotics Education and Simulation

Robyn Lamar, MD, MPH
Professor, UCSF OBGYN;
Medical Director, Mt. Zion Ambulatory Gynecology Practice

Hayley Miller, MD
Assistant Professor, UCSF Division of Maternal Fetal Medicine;
Clinical Lead, UCSF Pregnancy After Loss Clinic

Emma Chew Murphy, MD
Assistant Professor, UCSF OBGYN;
Complex Family Planning Subspecialist;
Associate Director, UCSF Complex Family Planning Fellowship Program

Caitlyn E Painter, DO, FACOG
Assistant Professor, Urogynecology and Reconstructive Pelvic Surgery;
Director, UCSF Gynecologic Quality and Safety;
Associate Program Director, Kaiser East Bay-UCSF Urogynecology Fellowship

Liina Poder, MD
Professor, UCSF Radiology;
Director of Ultrasound, UCSF Department of Radiology & Biomedical Imaging

George F Sawaya, MD
Professor, UCSF OBGYN and UCSF Epidemiology & Biostatistics;
Director, Colposcopy Clinic, Zuckerberg San Francisco General Hospital and UCSF

Kristan Schiele, MD
Assistant Professor, UCSF Dermatology

Dominika Seidman, MD, MA
Professor, Zuckerberg San Francisco General Hospital, Division of OBGYN;
Director, Team Lilly

Carlin Senter, MD
Professor and Chief, UCSF Primary Care Sports Medicine

Nasim Sobhani, MD
Associate Professor, UCSF Division of Maternal Fetal Medicine;
Director, Endocrinology, Diabetes and Pregnancy Clinic

Megan Swanson, MD, MPH
Assistant Professor, UCSF Division of Gynecologic Oncology

Melissa Rosenstein, MD, MAS
Professor, UCSF Division of Maternal-Fetal Medicine;
Medical Director, UCSF Quality and Patient Safety for Obstetrics;
Clinical Site Director, Prenatal Diagnostic Center in Marin;
Associate Director, Implementation Sciences, California Maternal Quality Care Collaborative

Tami Rowen, MD
Professor, UCSF OBGYN;
Director, Gynecologic Surgery

Sara Whetstone, MD, MHS
Professor, UCSF;
Director, UCSF OBGYN Residency Program;
Robert B. Domush, MD, Chair in Obstetrics and Gynecology Education

Jennifer Woodbury, MD, MBA
Assistant Clinical Professor, UCSF Department of Anesthesiology

Ophelia Yin, MD
Assistant Professor, UCSF Maternal-Fetal Medicine & Reproductive Genetics

Wenjia Zhang, MD
Assistant Professor, UCSF Minimally Invasive Gynecologic Surgery

Department of Obstetrics, Gynecology and Reproductive Sciences
University of California San Francisco • School of Medicine



Obstetrics and Gynecology Update

What Does the Evidence Tell Us?



JOIN US AT OUR NEW 2026 LOCATION IN HISTORIC JAPANTOWN

WEDNESDAY – FRIDAY

November 4 – 6, 2026

Course Chair

Tushani Illangasekare, MD

Hotel Kabuki

San Francisco, CA

WEDNESDAY, NOVEMBER 4, 2026

7:00 – 7:45 am	<i>Continental Breakfast & Registration</i>	
7:45 – 8:00	Welcome and Opening Statements	Tushani Illangasekare, MD
8:00 – 8:45	Collaborative Care: How Imaging Shapes Management of Endometriosis	Traci Ito, MD / Liina Poder, MD
8:45 – 9:30	Fibroids and Beyond: How Interventional Radiology Can Help You Diagnose and Manage Female Pelvic Pain	Brittany Harrison, MD
9:30 – 10:15	Management of Early Pregnancy Complications	Caitlyn E. Painter, DO, FACOG
10:15 – 10:30	<i>Break</i>	
10:30 – 11:15	The Amenorrheic Adolescent: Current Concepts in Evaluation and Care	Sloane Berger-Chen, MD
11:15 – 12:00	P Managing Acute Abnormal Uterine Bleeding in Nonpregnant Patients: What Does the Evidence Support?	Anna Altshuler, MD, MPH
12:00 pm – 1:15	<i>Lunch (on your own)</i>	
1:15 – 2:00	Updates on the State of Abortion Access	Daniel Grossman, MD
2:00 – 2:45	P Bothersome Bleeding: Evidence-Based Management of Bleeding With Contraception	Sara Whetstone, MD, MHS
2:45 – 3:00	<i>Break</i>	
3:00 – 3:45	P Contraception in 2026: New Data, New Guidelines, New Options	Emma Chew Murphy, MD
3:45 – 4:30	Gender-Affirming Vaginoplasty: Evolving Surgical Care Amid Policy Change	Adam Bonnington, MD
4:30 – 5:15	P HIV Prevention: The Role of Long-Acting Injectable PrEP in Pregnancy and Beyond	Dominika Seidman, MD, MA



Hotel Kabuki
1625 Post St
San Francisco, CA 94115
(415) 922-3200

Scan the QR code below to access the course website and register online.



THURSDAY, NOVEMBER 5, 2026

7:30 – 8:00 am	<i>Continental Breakfast</i>	
8:00 – 8:45	Sports Medicine Interventions to Optimize Health and Athletic Performance for Women	Carlin Senter, MD
8:45 – 9:30	Cervical Cancer Screening Update: 2026 and Beyond	George F. Sawaya, MD
9:30 – 10:15	State of the ARRIVE Trial: What We Know Now	Robyn Lamar, MD, MPH
10:15 – 10:30	<i>Break</i>	
10:30 – 11:15	The Final Push: Navigating the 2nd Stage of Labor	Rebecca Amirault, CNM
11:15 – 12:00 pm	Obstetric Anesthesia: Lessons from Pain During Cesarean Delivery	Jennifer Woodbury, MD, MBA
12:00 – 1:15	<i>Lunch (on your own)</i>	
1:15 – 2:00	National Bundles to Address Severe Maternal Morbidity and Mortality	Melissa Rosenstein, MD, MAS
2:00 – 2:45	P Nausea and Vomiting of Pregnancy: Hyperemesis Gravidarum Management Strategies	Kristin Harter, PharmD
2:45 – 3:00	<i>Break</i>	
3:00 – 3:45	P Updates in Diabetes in Pregnancy	Nasim Sobhani, MD
3:45 – 4:30	Stillbirth: From Assessment to Action	Hayley Miller, MD
4:30 – 5:15	Spectrum of Kidney Disease in Pregnancy	Ophelia Yin, MD

FRIDAY, NOVEMBER 6, 2026

7:30 – 8:00 am	<i>Continental Breakfast</i>	
8:00 – 8:45	Cervical Cancer Updates: Less Radical Surgery and Expanded Immunotherapy	Megan Swanson, MD, MPH
8:45 – 9:30	Gynecologic Cancer Survivorship	Lee-may Chen, MD
9:30 – 10:15	P Why Is Everyone Asking Me for Testosterone?	Tami Rowen, MD
10:15 – 10:30	<i>Break</i>	
10:30 – 11:15	P What Your Patients Are Hearing (And What to Do About It): A Clinical Guide to the Menopause Information Landscape	Nazaneen Homaifar, MD, MBA
11:15 – 12:00	P Bone Health in Reproductive Age Women	Edward Hsiao, MD, PhD
12:00 pm – 1:15	<i>Lunch (on your own)</i>	
1:15 – 2:00	Breast Cancer Screening: An Evidence-Based Imaging Approach	Heather I. Greenwood, MD
2:00 – 2:45	Vulvar Dermatology Updates: What's New in Diagnosis and Management	Kristan Schiele, MD
2:45 – 3:00	<i>Break</i>	
3:00 – 3:45	Interpreting Ovarian Reserve in Advanced Maternal Age—Separating Evidence from Assumption	Joie Guner, MD
3:45 – 4:30	Surgery for Infertility: Current Evidence and Evolving Approaches	Wenjia Zhang, MD
4:30 – 4:40	Closing Statements	Tushani Illangasekare, MD

P Pharmacotherapeutics for Nurses

All course times listed are Pacific Standard Time

GENERAL INFORMATION

Registration will close on **November 6, 2026 at 12:00pm Pacific Time**. It is recommended that you register at least a week in advance to ensure adequate course resources are allocated for your participation.

Course information and Zoom links will be sent to registered and paid attendees one week prior to the course date.

REGISTRATION FEES

Tuition:

Fee Before 09/05/2026 (*Early Bird Rate*)

- \$825** Physicians
- \$675** Nurses/APPs/Other Health Care Professionals
- \$525** Residents/Fellows/Trainees

Fee On/After 09/05/2026 (*Regular Fee*)

- \$875** Physicians
- \$725** Nurses/APPs/Other Health Care Professionals
- \$575** Residents/Fellows/Trainees

Those who reserve a room within the conference room block are eligible for \$100 off their registration fee. Please visit the course website for more information.

HOW TO REGISTER

Online:

<https://ucsf.cloud-cme.com/obgyn2026>

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at **(415) 476-5808**.

REFUND POLICY

Cancellations received in writing at least 30 days before the conference start date will receive a refund of registration fees minus a 10% administrative fee. Requests received between 30 days and 14 days before the start date will receive a 50% refund. No refunds will be issued within 14 days of the start date.

UCSF Office of CME reserves the right to cancel or postpone this program if necessary; in the event of cancellation, course fees will be fully refunded. We are not responsible for other costs incurred, such as non-refundable airline tickets, hotel penalties, or other related personal expenses.

TRAVEL DISCOUNTS

We are pleased to offer a discount with United Airlines for travel to our upcoming event. To make flight reservations online please enter **discount code ZRMC505963**. You may call United Meetings Reservation Desk from 7 a.m. to 8 p.m. CT, Monday–Friday (closed for major U.S. holidays) at **(800) 426-1122** for booking assistance or visit united.com/meetingtravel and enter the code above.

HOTEL INFORMATION

Same great education, exciting new location for 2026 – Join us this fall in one of San Francisco's most distinctive neighborhoods at the beautifully reimagined Hotel Kabuki!

Located in the heart of historic Japantown, Hotel Kabuki blends modern comfort with serene Japanese-inspired design. This brand new conference location offers attendees the opportunity to enjoy a dedicated and personal conference area, thoughtfully designed guest rooms, tranquil garden spaces, and inviting indoor-outdoor gathering areas—perfect for networking, reflection, and relaxation between sessions.

Step just outside the hotel to experience the vibrant energy of Japantown, one of only three remaining Japantowns in the United States. Explore unique boutiques, authentic Japanese dining, artisanal cafes, and the lively Japan Center malls—all within walking distance. From peaceful strolls through nearby parks to discovering cultural landmarks and culinary gems, the neighborhood offers a rich and memorable San Francisco experience.

Save the date and plan to join colleagues for an engaging educational program in a setting that combines the academic excellence of UCSF with the cultural charm of SF's Japantown! We can't wait to see you there.

Hotel Kabuki

1625 Post St
San Francisco, CA 94115
(415) 922-3200

Room Block Rate: \$299/night
(exclusive of taxes; destination fee waived)

Reservation Cutoff Date:

Tuesday, October 13, 2026

Booking Link: <https://www.hyatt.com/events/en-US/group-booking/SFOJD/G-UCS5>

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

ONSITE AND REMOTE LEARNING OPTIONS

The course will be offered as a live conference. Registrants have the option to attend in person or to tune in remotely via zoom live stream during programming hours (Pacific Time). Login instructions along with the digital syllabus will be shared with attendees before the meeting. Included in your registration fee is access to the course recordings on demand after the conference and for 30 days after the course. You must tune in to the live conference (in person or remotely) to claim CME.

ACCESSIBILITY

UCSF welcomes all participants to our events. If you need a reasonable accommodation to participate in this event because of a disability, please let us know during registration, or submit a learner support ticket at tiny.ucsf.edu/cmehelp with as much advance notice as possible.